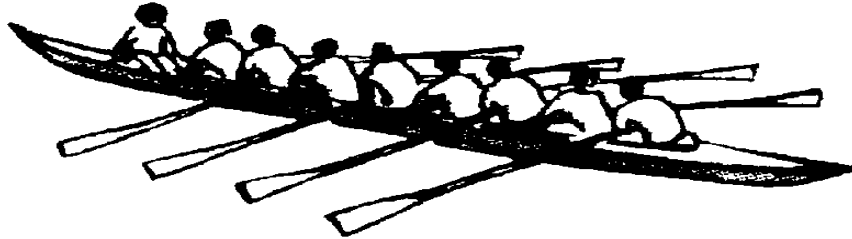


2016 Junior and High School Beginner ROWING CAMP



NO PRIOR ROWING EXPERIENCE NEEDED!

Open to all 7th through 12th graders

Campers meet at the Oxford Boathouse in Lake Ridge Park, Woodbridge

**Week Sessions: Mon thru Thurs 9:00 – 11:00am
Fri 9:00 – 12:00pm**

June - July

August

August

27 - 1

1 - 5

8-12

\$125 for one week/\$100 for the additional week

Summer Semester Session:

5 July to 26 August

Mon, Wed, Friday

4:00 – 6:00pm

\$240

Each camp concludes with a mini-regatta (race)

Rowers also receive a camp T-shirt

In addition to the online registration, camp rowers will need a swim test and completed VHSL physical form. For more information, online registration and forms, go to <http://www.pwcacamps.com>.

For questions, contact Renee' Johnson at pwcarrowingcamp@gmail.com.

Sponsored by Prince William Crew Association (PWCA)