

2017 PWRC HS ERG Sprints

		Start Time	Event	Distance	Record		
		2:00 PM	1M. Men Freshmen	1500 m	5:17.4		
HEAT	ERG	LAST	FIRST	SCHOOL	TIME	PLACE	
1	1	Al-Hamdy	Jabril	Gar-Field	05:53.7		
1	2	Ferlazzo	Jack	South County	05:45.6		
1	3	Carranza	Hugo	Potomac	06:18.7		
1	5	Coulter	Ryan	Woodbridge	05:19.9		2
1	6	Gow	Kyle	Hylton	05:23.8		3
1	7	Hart	Ethan	Woodbridge	05:10.8		1
1	8	Hunt	Donavan	Forest Park	05:44.5		

		2:10 PM	1M. Men Freshmen	1500 m	TIME	PLACE	
2	1	Malone	Bryce	Hylton	06:06.4		
2	2	MacDonald	Kyle	Hylton	05:35.9		
2	3	McHale	Nathan	Woodbridge	05:50.6		
2	5	Paine	Chris	South County	05:51.1		
2	6	Perkins	Aidan	Woodbridge	05:43.2		
2	8	Riedel	Gabe	South County	06:25.3		

		2:20 PM	1M. Men Freshmen	1500 m	TIME	PLACE	
3	1	Rush	Jackson	Hylton	06:03.1		
3	2	Sidney	Robert (Jimmy)	JEB Stuart	05:54.2		
3	3	Smith	Austin	Woodbridge	06:06.1		
3	4	Sundquist	Joseph	Woodbridge	05:38.0		
3	5	Torres	Luka	South County	05:44.5		
3	6	Tran	Brandon	JEB Stuart	06:08.4		
3	7	Warren	Jesse	Woodbridge	06:16.6		
3	8	Wong	Nick	Woodbridge	06:22.0		

2017 PWRC HS ERG Sprints

		Start Time	Event	Distance	Records		
		2:30 PM	1W. Women Freshmen	1500 m	5:54.3		
HEAT	ERG	LAST	FIRST	SCHOOL	TIME	PLACE	
1	1	Diaz	Camila	Hylton	07:31.4		
1	2	Guardado	Katie	Woodbridge	06:07.2	1	
1	4	Kirk	Sarah	Woodbridge	06:13.4	2	
1	5	Michelsen	Ainsley	Forest Park	06:28.7	3	
1	6	Robinson	Kaniya	Woodbridge	07:01.1		
1	7	Turner	Aurora	Woodbridge	06:31.2		
1	8	Turner	Margaret	JEB Stuart	07:13.0		

2017 PWRC HS ERG Sprints

		Start Time	Event	Distance	Records		
		2:40 PM	2M. Men 16 & under	1500 m	4:46.2		
HEAT	ERG	LAST	FIRST	SCHOOL	TIME	PLACE	
1	1	Beasley	Brenden	Forest Park	05:22.6		
1	2	Cardenas	Niko	Woodbridge	05:44.4		
1	3	Fitzgerald	William	Forest Park	06:02.3		
1	4	Gates	Warner	JEB Stuart	05:27.3		
1	6	Jones	Tom	Forest Park	06:00.1		
1	7	Lemus	Chris	Potomac	06:03.7		
1	8	Kelly	Justin	Hylton	05:37.7		

		2:50 PM	2M. Men 16 & under	1500 m	TIME	PLACE	
2	1	Libby	Corbin	Woodbridge	05:05.9		
2	2	Marovelli	Antony	Woodbridge	05:54.7		
2	3	Nene	Chanthen	Hylton	06:31.9		
2	4	O'Donnel	Jack	Forest Park	06:09.8		
2	5	Otriz	Francisco	Forest Park	05:26.2		
2	6	Renner	Reed	South County	05:30.1		
2	7	Richardson	AJ	Woodbridge	05:17.8		

		3:00 PM	2M. Men 16 & under	1500 m	TIME	PLACE	
3	1	Romano	Alex	Forest Park	05:18.7		
3	2	Sherwood, Jr.	Seth	Forest Park	05:13.3		
3	3	Stankovich	Robert	Forest Park	05:29.5		
3	4	Summers	Jacob	South County	06:23.8		
3	5	Talbert	T.J.	Forest Park	06:00.1		
3	6	Williamson	James	Woodbridge	05:09.2		
3	7	Witcher	Alex	Forest Park	05:47.2		
3	8	Luu	Long	JEB Stuart	05:56.0		

2017 PWRC HS ERG Sprints

		Start Time	Event	Distance	Records		
		3:10 PM	2W. Women 16 & under	1500 m	5:40.3		
HEAT	ERG	LAST	FIRST	SCHOOL	TIME	PLACE	
1	1	Barahona	Tifany	Woodbridge	06:13.4		
1	2	Carmody	Brooke	JEB Stuart	06:07.7		
1	3	Chambers	Jasmine	Woodbridge	06:33.6		
1	4	Chambers	Vanessa	Woodbridge	05:52.3		
1	5	Curran	Leilani	JEB Stuart	06:04.5		
1	6	Dodds	Sydney	South County	05:54.1		
1	7	Hobbs	Hailee	Woodbridge	06:13.5		
1	8	Krajewski	Lily	Hylton	07:06.7		
1	9	Marsh	Lorna	Hylton	06:39.1		
1	10	Michelsen	Nicole	Colgan	05:44.3		2

		3:20 PM	2W. Women 16 & under	1500 m	TIME	PLACE	
2	1	Nelbach	Willow	Woodbridge	05:57.0		
2	3	Nguyen-Lambert	Elizabeth	Forest Park	06:20.5		
2	4	Rozman	Emma	Forest Park	06:27.6		
2	5	Sankoh	Isata	Hylton	05:48.1		3
2	6	Schrock	Isabelle	JEB Stuart	05:44.2		1
2	7	Tolbert	Sydney	Colgan	06:58.1		
2	8	Veradi	India	JEB Stuart	05:58.4		

1

		Start Time	Event	Distance	Records		
		3:30 PM	3M. Lwt men 18 & under (155 lb)	1500 m	5:06.4		
HEAT	ERG	LAST	FIRST	SCHOOL	TIME	PLACE	
1	1	Baldwin	Ben	Forest Park	05:52.0		
1	2	Bannister	Doug	Forest Park	05:49.9		
1	4	Bremer	Brandon	Forest Park	05:18.3	2	
1	5	Byars	Liam	Woodbridge	05:21.6	3	
1	6	Conrad	Daniel	Woodbridge	05:04.5	1	
1	7	Downey	Joseph	Forest Park	05:47.3		
1	8	Engborg	Kyle	Woodbridge	06:13.3		
1	9	Jones	Andrew	South County	05:29.1		

		3:40 PM	3M. Lwt men 18 & under (155 lb)	1500 m	TIME	PLACE	
2	1	Evans	Elijah	Gar-Field	05:48.5		
2	3	Gioseffi	Vince	JEB Stuart	05:37.4		
2	4	Graham	Nathan	Forest Park	05:37.4		
2	5	Greene	Dillon	Woodbridge	05:34.9		
2	6	Haskovic	Alex	Forest Park	05:31.3		
2	7	Haver	Charles	JEB Stuart	05:49.6		

		3:50 PM	3M. Lwt men 18 & under (155 lb)	1500 m	TIME	PLACE	
3	1	Jesswein	Matt	Woodbridge	05:26.4		
3	3	Koos	Ryan	Forest Park	05:42.1		
3	4	Magnell	Lucas	Woodbridge	05:55.0		
3	5	Matsuda	Mason	Woodbridge	05:50.3		
3	6	Summers	Lucas	South County	05:33.3		
3	7	Taylor	Noah	JEB Stuart	05:35.9		

2017 PWRC HS ERG Sprints

		Start Time	Event	Distance	Records		
		4:00 PM	3W. Lwt women 18 & under (135 lb)	1500 m	5:56.0		
HEAT	ERG	LAST	FIRST	SCHOOL	TIME	PLACE	
1	1	Barrera	Monica	Woodbridge	06:05.4	1	
1	2	Davis	Basia	Forest Park	06:24.3		
1	3	Diaz	Maria	Woodbridge	06:36.6		
1	6	Galloway	Rosie	Woodbridge	07:20.9		
1	7	Gomez	Lili	Woodbridge	06:11.0	3	

		4:10 PM	3W. Lwt women 18 & under (135 lb)	1500 m			
2	1	Hall	Liz	Colgan	06:06.8	2	
2	2	Manzanares	Dani	Woodbridge	06:37.8		
2	4	Swanson	Mackenzie	Woodbridge	07:19.3		
2	5	Tran	Vivian	JEB Stuart	06:45.9		
2	6	Yost	Katie	Woodbridge	06:25.6		

2017 PWRC HS ERG Sprints

		Start Time	Event	Distance	Records		
		4:20 PM	4M. Men 18 & under	1500 m	4:45.6		
HEAT	ERG	LAST	FIRST	SCHOOL	TIME	PLACE	
1	1	Brennan	Gavin	Forest Park	05:56.2		
1	2	Creed	Bart	Woodbridge	04:56.6	2	
1	3	Johnson	Conner	Forest Park	05:48.9		
1	4	Hamilton	Tom	South County	05:27.6		
1	5	McNamera	Cole	Hylton	05:29.3		
1	6	Phillips	Nathan	Forest Park	05:59.0		
1	7	Smith	Ryan	Woodbridge	04:39.6	1	
1	8	Sutherland	Spencer	Woodbridge	05:10.7		
1	9	Wernlein	Ryan	Hylton	05:23.9		
1	10	Wilkie	John	South County	05:08.0	3	

2016 PWRC HS ERG Sprints

		Start Time	Event	Distance	Records		
		4:40 PM	4W. Women 18 & under	1500 m	5:34.1		
HEAT	ERG	LAST	FIRST	SCHOOL	TIME	PLACE	
1	1	Connelie	Jennie	South County	05:52.4	2	
1	2	Dubas	Erin	JEB Stuart			
1	3	Hummel	Amanda	Forest Park	06:37.5		
1	4	Kohlbecker	Jenn	Hylton	06:28.4		
1	5	McCaw	Sarah	Hylton	07:06.1		
1	6	McGuigan	Pasha	JEB Stuart	05:49.7	1	
1	7	White	Amber	Gar-Field	06:08.4	3	
1	8						
1	9						
1	10						

2016 PWRC HS ERG Sprints

		Start Time	Event	Distance	Records		
		4:50 PM	5M. Men Coxswains	500 m	1:41.6		
HEAT	ERG	LAST	FIRST	SCHOOL	TIME	PLACE	
1	1						
1	2						
1	3						
1	4						
1	5						
1	6						
1	7						
1	8						
1	9						
1	10						

2016 PWRC HS ERG Sprints

		Start Time	Event	Distance	Records		
		4:50 PM	5W. Women Coxswains	500 m	1:55.9		
HEAT	ERG	LAST	FIRST	SCHOOL	TIME	PLACE	
1	1	Compy	Khalima	Woodbridge	02:20.7		
1	3	Mccauley	Ashley	Woodbridge	02:10.6		
1	5	Rahamatali	Gabi	Hylton	02:03.5	1	
1	6	Rhee	Hannah	South County	02:05.4	2	

2017 PWRC HS ERG Sprints

Mixed Relay Registration (2M/2F)

Time: 5:00:00 PM

Event: 6R

2000 m

Participants:

HEAT	ERG		Last Name	First Name	School Name	TIME	PLACE
1	1	1	Bannister	Doug	Forest Park	07:11.7	
		2	Baldwin	Ben	Forest Park		
		3	Rozmam	Emma	Forest Park		
		4	Sankoh	Isata	Hylton		

1	2	1	McNamera	Cole	Hylton	07:27.6	
		2	Gow	Kyle	Hylton		
		3	Gall	Anna	Homeschooled		
		4	Tolbert	Sydney	Colgan		

1	3	1	Dubas	Erin	JEB Stuart	06:54.2	
		2	Pasha	McGuigan	JEB Stuart		
		3	Taylor	Noah	JEB Stuart		
		4	Gates	Warner	JEB Stuart		

1	4	1	Isabelle	Schrock	JEB Stuart	07:18.9	
		2	Veradi	India	JEB Stuart		
		3	Haver	Charles	JEB Stuart		
		4	Gioseffi	Vince	JEB Stuart		

1	5	1	Wilkie	John	South County	06:46.4	3
		2	Connelie	Jennie	South County		
		3	Dodds	Sydney	South County		
		4	Meineke	Brett	South County		

1	6	1	Smith	Ryan	Woodbridge	06:36.1	1
		2	Creed	Bart	Woodbridge		
		3	Chambers	Vanessa	Woodbridge		
		4	Hobbs	Hailee	Woodbridge		

Participants:

HEAT	ERG		Last Name	First Name	School	TIME	PLACE
2	1	1	Witcher	Alex	Forest Park	07:35.6	
		2	Michelsen	Ainsley	Forest Park		
		3	Schwen	Helen	Forest Park		
		4	Graham	Tyler	Forest Park		

2	3	1	McDonald	Kyle	Hylton	07:30.3	
		2	Kelly	Justin	Hylton		
		3	Nicolai	Lydia	Hylton		
		4	Kohlbeckerr	Jenn	Hylton		

2	5	1	Sherwood	Seth	Forest Park	06:41.6	2
		2	Wernlein	Ryan	Hylton		
		3	Michelsen	Nicole	Colgan		
		4	Hall	Liz	Colgan		

2	7	1	Turner	Margaret	JEB Stuart	07:41.9	
		2	Tran	Vivian	JEB Stuart		
		3	Sidney	Jimmy	JEB Stuart		
		4	Luu	Long	JEB Stuart		

2	9	1	Renner	Reed	South County	07:10.6	
		2	Kelley	Lydia	South County		
		3	LaChanse	Amanda	South County		
		4	Hamilton	TJ	South County		

2		1	Richardson	AJ	Woodbridge	06:49.0	
		2	Byars	Liam	Woodbridge		
		3	Barrera	Monica	Woodbridge		
		4	Nelbach	Willow	Woodbridge		

2017 PWRC HS ERG Sprints
Parent/Child Relay Registration

Time: 5:20pm Event: 7R 500m

School		Participants:						
HEAT	ERG	Forest Park	Last Name	First Name	Gender	Event	TIME	PLACE
1	1	1 Parent:	Sherwood	Seth	M	F/S	01:33.5	2
		2 Child:	Sherwood, Jr.	Seth	M			
1	3	1 Parent:	Stankovich	Robert	M	F/S	01:35.1	
		2 Child:	Stankovich	Alan	M			
1	5	1 Parent:	Gow	David	M	F/S	01:43.1	
		2 Child:	Gow	Kyle	M			
1	7	1 Parent:	Nene	Sherish	M	F/S	02:03.7	
		2 Child:	Nene	Chanthen	M			
1	9	1 Parent:	Taylor	Paul	M	F/S	01:40.7	
		2 Child:	Taylor	Noah	M			
1	6	1 Parent:	Paine	Jeff	M	F/S	01:34.9	3
		2 Child:	Paine	Chris	M			

School		Participants:						
HEAT	ERG	Woodbridge	Last Name	First Name	Gender	Event	TIME	PLACE
2	1	1 Parent:	Creed	Scott	M	F/S	01:27.4	1
		2 Child:	Creed	Bart	M			
2	3	1 Parent:	Smith	Sam	M	F/S	01:38.3	
		2 Child:	Smith	Austin	M			
2	5	1 Parent:	Warren	Jesse	M	F/S	01:49.8	
		2 Child:	Warren	Jesse Jr	M			
2	7	1 Parent:	Michelsen	Ken	M	F/D	01:38.0	1
		2 Child:	Michelsen	Nicole	F			
2	9	1 Parent:	Lambert	Phillip	M	F/D	01:57.7	
		2 Child:	Nguyen-Lambert	Elizabeth	F			

School		Participants:						
HEAT	ERG	Woodbridge	Last Name	First Name	Gender	Event	TIME	PLACE
3	1	1 Parent:	Barrera	Marco	M	F/D	01:54.0	
		2 Child:	Barrera	Monica	F			
3	3	1 Parent:	Diaz	Daniel	M	F/D	01:53.9	
		2 Child:	Diaz	Maria	F			
3	5	1 Parent:	Gomez	Jesse	M	F/D	01:44.7	2
		2 Child:	Gomez	Lili	F			
3	7	1 Parent:	Yost	Scott	M	F/D	01:52.9	3
		2 Child:	Yost	Katie	F			
3	9	1 Parent:	Galloway	Brandi	F	M/D	02:01.6	
		2 Child:	Galloway	Rosie	F			

School		Participants:						
HEAT	ERG	JEB Stuart	Last Name	First Name	Gender	Event	TIME	PLACE
4	1	1 Parent:	Schrock	Sonja	F	M/D	01:45.4	1
		2 Child:	Schrock	Isabelle	F			
4	3	1 Parent:	Camody	Brooke	F	M/D	01:53.5	
		2 Child:	Camody	Vicky	F			
4	5	1 Parent:	Golden	Kerrie	F	M/D	01:46.8	2
		2 Child:	Taradash	Aubrey	F			
4	7	1 Parent:	Jones	Kristyn	F	M/S	01:37.4	1
		2 Child:	Jones	Andrew	M			
4	9	1 Parent:	Smith	Carol	F	M/S	01:38.6	
		2 Child:	Smith	Ryan	M			