



PWRC ANNUAL HIGH SCHOOL ERG SPRINTS RECORDS

EVENT	CATEGORY	DISTANCE (IN METERS)	RECORD	RECORD HOLDER	YEAR	HIGH SCHOOL
1M	Freshmen Men	1500	5:17.4	Ryan Smith	2014	Woodbridge
1W	Freshmen Women	1500	5:54.3	Isata Sankoh	2016	Hylton
2M	Men 16 & Under	1500	4:46.2	Ryan Smith	2016	Woodbridge
2W	Women 16 & Under	1500	5:40.3	Katherine Changes	2008	Woodbridge
3M	LW Men 18 & Under	1500	5:06.4	Matt Negard	2006	Forest Park
3W	LW Women 18 & Under	1500	5:56.0	Brooke Hollabaugh	2006	Forest Park
4M	Men 18 & Under	1500	4:45.6	Tyler Dawson	2009	Woodbridge
4W	Women 18 & Under	1500	5:34.1	Katherine Changes	2010	Woodbridge
5M	Men Coxswain	500	1:41.6	Tyler Frye	2010	Woodbridge
5W	Women Coxswain	500	1:55.9	Caitie Roan	2010	Hylton
6R	Relay 2M/2F	2000	6:30.9	Andrew Casebere	2009	Hylton
				Jill Williams		
				Peter Booker		
				Heather Burdick		
7Ra	Relay Father/Son	500	1:30.9	Creed, Scott	2016	Woodbridge
				Creed, Bart		
7Rb	Relay Father/Daughter	500	1:43.5	Wiley, Pete	2016	Jeb Stuart
				Wiley, Emma		
7Rc	Relay Mother/Son	500	1:42.6	Hyzy, Julie	2016	Woodbridge
				Hyzy, Zack		
7Rd	Relay Mother/Daughter	500	1:54.9	Golden, Kerri	2016	South County
				Tardash, Aubrey		